

PodMed Podcast: Week of Dec 23, 2013

This week's topics include the controversy surrounding antibacterial soaps, new high blood pressure guidelines, an interaction between calcium channel blockers and clarithromycin, and no benefits to multivitamins.

Program notes:

0:33 FDA looks at antibacterial soap

1:32 This is just consumer soaps

2:30 A year to obtain data

3:30 Multivitamins panned again

4:30 No help with cognition

5:32 Eighth joint national committee on hypertension

6:33 First line choices among medications

7:35 Aging does impact blood vessels

8:11 Interaction between clarithromycin and calcium channel blockers

9:14 Lots of acute kidney injury and other harms

10:11 End